



The Sunrise-Sunset Group of Alcoholics Anonymous

www.SunriseSunsetGroup.org

JUNE

Thursday Speakers

6th Rosie T.

13th John C.

20th Carla R.

27th Tim W.

Saturday Speakers

1st Chuck C.
Steps 6 & 7

8th Jeff J.
Steps 8 & 9

15th TBA*
Steps 8 & 9

22nd Linda H.
Steps 10 & 11

29th Rosemary
Steps 10 & 11

Tuesday Leaders

4th Lynn

11th Mikey

18th Maggie

25th Nolan

* visit our website at SunriseSunsetGroup.org for updated information

THE SUNRISE GROUP BIG BOOK STEP STUDY
SpiritWorks, 260 North Pass Avenue, Burbank
Saturday 8:15-9:30am

THE SUNSET GROUP
5056 Van Nuys Blvd., Sherman Oaks
Thursday 7:00-8:30pm

THE SUNSET GROUP BIG BOOK STUDY
5915 Vineland Ave, North Hollywood
Tuesday 7:00-8:00pm



Do not fear that self-acceptance will lead to complacency. Genuine self-acceptance is profoundly humbling. The love that is rightly due yourself is not about giving a pass to what deficiencies of character you may have to work through. In order to assume responsibility for those deficiencies, you must be empowered. As the authors, rather than the victims, of our character, we must continually revise ourselves. When you see something in yourself that needs correcting, own it one hundred percent. As you do so, you will start to catch the behavior first afterwards, then in the act, then when you see it coming, until before you know it, you will be laughing at yourself that you used to fall for that old trap, and smiling inside that you are past it.

...Gil Hedley, *Integral Anatomy*
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Q: What did the sponsor say to the sponsee after he told his story to the group for the first time?

A: "Your "I"s are too close together."

Luke A., Trappist, Kentucky, October 2003

I was so sick when I was new, at one point I asked another guy in my home group if I could copy his Fourth Step.

March 2008



"My sponsor says I'm living in the wreckage of my future."

An excerpt from "A Rabbit Walks into a Bar: Best Jokes & Cartoons from AA Grapevine"

The San Fernando Valley Central Office is at 7417 Van Nuys Boulevard Suite E, Van Nuys, CA 91405, 818-988-3001 (sfvaa.org).
The Sunrise and Sunset Group and meetings are in District 17 (www.district17aa.org) of Central California (www.aaarea93.org).